



**Ello Pretty** 

extensions home care





So you're thinking about getting hair extensions!



Here's a couple questions to consider:

Have you ever used extensions before?

If you have not had extensions before, you might need a bit more information. So keep reading!

What is your goal for your extensions?

Length, volume or color?

Do you regularly swim or workout?

You can still do these things! Rinse your hair with fresh water immediately after sweating excessively or swimming in chlorine or salt water.

Are you taking any medications?

If you take any medications relating to hair loss, you may not be a good candidate for extensions.



# DO'S

Wait 24-48 hours before washing or chemically treating your hair.

Using a soft boar bristle brush, start at the ends and work your way up, always brushing in a downward motion. Brush before shampooing to keep hair from matting.

Brush hair 2-3 times a day.

Wear your hair in a loose ponytail or braid when swimming, exercising and sleeping in order to reduce tangling. Be sure to wash your hair after these activities.

When using heat tools to style your hair, make sure to protect your extensions with a thermal styling product, and keep heat away from the adhesive.

Apply and leave in a small amount of masque prior to swimming. This is preventing hair from absorbing harmful elements such as chlorine or salt water.

We recommend Hot Heads Conditioning masque to use from mid-shafts to ends, keeping away from the tape tabs.

We recommend our professional products or Hot Heads Haircare Line to clean and condition your hair. It is important for second hair to receive the proper nutrients and hydration to promote beautiful and healthy looking hair.

# DONT'S

Don't use any products containing alcohol, oil, or ethanol. Alcohol based products are drying to the hair and can compromise the strength of the adhesive bond.

Don't brush hair harshly.

Don't go to bed with wet hair.

Don't chemically process your hair at home. Rely on us for any services while wearing extensions!

Don't remove your extensions yourself.

Don't expose extensions to sunscreen, this may cause discoloration.

stay pretty,



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